

Girls 12 - 18 Years Old

Try Out

Monday, November 10

5:00 - 7:00 P.M.

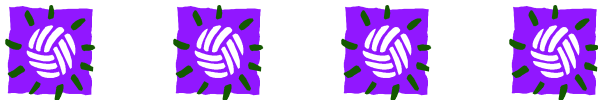
Alameda Point Gym

1101 West Redline Rd., Alameda, CA 94501

If you can't make the try out, please contact Jeff Silverman to arrange an alternate try out time.

Please arrive fifteen minutes to half an hour early with a parent/guardian to register, and come dressed to play.

Try outs cost \$25 per player. This pays for gym rental and NCVA try out fees (which include insurance coverage during try outs).



Club Philosophy

Jeff Silverman, Island Volleyball Club's founder and Executive Director, formed this club with a clear vision of the guiding principles under which it would operate. This club is responsible for providing a healthy, positive environment for participants; teaching and reinforcing the fundamentals of volleyball; encouraging teamwork and sportsmanship; focusing on positive reinforcement as a primary tool in the learning process; teaching that opponents and officials are to be respected and appreciated; and offering advanced skills and techniques for those athletes who wish to play at the next level.

This club does not believe in winning at all costs, nor that constant yelling at athletes results in better players, better results, or players who will want to continue playing the sport. This club believes it's participants are best served by providing an environment which will foster a long term love of the game. This club is dedicated to opening minds to the idea that while winning is clearly a primary objective, competition, improvement, playing to the best of one's ability, and being a good sport and teammate, ultimately provide the majority of one's enjoyment and fulfillment.

For additional information regarding club philosophy, including the subjects of playing time, parental expectations, and academics, see the Island Volleyball Club web site.



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Try Outs for Island Volleyball Club Girls Area League Team(s) will be held:

Monday, November 10 from 5:00-7:00 P.M. and Monday, November 17 (if necessary - TBA)

at the Alameda Point Gym, 1101 West Redline Rd., Alameda, CA 94501.



Please arrive fifteen minutes to half an hour before try out begins with a parent/guardian in order to fill out required registration paperwork. The cost to try out is \$25.

Try outs will be held at the Alameda Point Gym (on what used to be Alameda Naval Air Station), and are open to girls ages 12 - 18 who are enthusiastic about improving their skills and playing in competitive tournaments in and around Northern California. The cost to try out is \$25 per person.

Girls Area League Season Costs

The cost per player for the season is \$750. This pays for NCVA individual registration, NCVA team registration, tournament fees (see tournament schedules below), uniforms (uniform shorts, uniform jerseys, club t-shirt), volleyballs, facility rental for practices, and small coach stipend. Travel to and from tournament sites is not covered in this fee, nor is lodging (not normally necessary) or food purchases at tournaments. DO NOT LET THE COST BE A DETERRENT IF YOU REALLY WANT TO PLAY. For those who wish to participate, we may run some fund raising activities which will offer players the ability to reduce the cost of playing. Please see Jeff Silverman if the cost is a problem for you and we will work together so that interested players who make the team may find a way to participate. PLEASE NOTE THERE IS NO REFUND POLICY AS TEAM COSTS ARE FIXED FOR THE SEASON.

Girls Practice Information

Playing on a club team requires a commitment as play is competitive and practice and teamwork are key ingredients to an enjoyable season. The team will be practicing 1-2 afternoons or evenings a week beginning in November and running through the end of May or early June. Practice times are TBD based on player and gym availability. The practice schedule will be distributed at the preseason parent meeting for girls who make the team.

About Island Volleyball Club

Island Volleyball Club was started in the fall of 2007 by longtime player and coach Jeff Silverman. Jeff played for U.C. Davis for 4 years where he also served as President of the U.C.D. Volleyball Club Team. Since playing in college, Jeff has played consistently for the past 25 years, including many years of tournament volleyball, both indoors and outdoors. Jeff has competed in the U.S. Open Volleyball Championships several years, most recently in the men's 40 and over division in the role of player/coach. Jeff currently assists with the Alameda High School volleyball programs.

Girls Season Schedule

Island Volleyball Club Girls Area League teams will participate in 1 warm-up non-league tournament, 1 special large tournament, and 6 area league tournaments. Tournaments are on Saturdays and/or Sundays, typically beginning at around 8:00 a.m. and running all day. Most tournaments are structured such that teams play multiple matches in pool play, and based upon pool play results teams are seeded so that some or all may play in afternoon brackets to determine finishes. Results from prior tournaments determine initial seeding for any given tournament during the season. Tournament locations vary and may be as close as here in Alameda at the Bladium or may be in the south bay or in the Sacramento area. Tournament locations are usually announced a couple of weeks prior to the tournament. The tournament schedule is set and is as follows:

Event	14's	16's	18's
Non-League Tournament	1/3 or 1/11	1/4 or 1/10	1/3 or 1/11
Refing Clinic	1/16/08	1/16/08	1/16/08
California Kickoff Tournament	1/17-1/18	1/18-1/19	1/17-1/18
League Qualifier	2/8	1/31	2/1
League Tournament #1	3/7	3/1	3/1
League Tournament #2	3/28	3/22	3/29
League Tournament #3	4/3	4/19	4/18
League Tournament #4	5/17	5/16	5/9
No. Ca. Reg. Championships	5/30-5/31	6/6-6/7	5/30-5/31

Volleyball is a team sport, and everyone who makes a team will be expected to participate in all tournaments. However, we know there may be a good reason for having to miss a tournament. Please let us know during try outs if you know of any conflicts with this tournament schedule.

Notification Following Try Outs

While Island Volleyball Club would like to accommodate all interested players, we are limited in the number we can carry. This is partly due to availability of gym space and partly based on how many girls it takes to field a team. Players who try out and do not make a team, please get on the club email list and check the web site regularly for clinics and camps during the year.

NCVA requires a 48 hour period between try out and signing players. Island Volleyball Club supports this policy. For those who make the team, there will be a mandatory parent meeting prior to the first practice.

Questions?

If you have any questions, please first look on www.islandvolleyballclub.com. You can email to info@islandvolleyballclub.com or you can leave a message at 510-523-8875. If your question is about NCVA or you'd like to learn about try outs for other clubs, please go to NCVA's web site at www.ncva.com.